

Name: _____

Block: _____

Fitness – SMART Goals Rubric Term 2

Due: March 4, 2019

(The teacher will use this Rubric to assess your Term 2 SMART goals assignment)

| Curricular Competencies | 1 Emerging | 2 Developing | 3 Acquired | 4 Accomplished |
|---|-----------------------|-------------------------|-----------------------|---------------------------|
| <i>Communicates knowledge of personal fitness & health</i> <i>Identifies and applies strategies to pursue personal healthy-living goals</i> - reader gets a sense the student knows what they want to achieve and how they are going to go about achieving it - uses detail & thoughtful language specific to their own personal goals | | | | |
| - answers each question thoroughly | | | | |
| -indicates the realistic work needed for improvement or adaptation of goals | | | | |

Teacher Comments: