

CROSS COUNTRY 2023

League Meet #1:

Date: Wednesday, September 27

Location: Quilchena Park

Time: 4:00 pm - Junior girls, junior boys (5 minutes later)

Time: 4:30 pm - Senior girls, senior boys (5 minutes later)

Distance: Junior = 4 km (2 big loops). Senior = 4.6 km (1 small, 2 big loops)

League Meet #2:

Date: Wednesday, October 4

Location: Killarney Secondary - was originally Fraserview Golf Course

Time: 4:00 pm (teams of 4 (2 girls & 2 boys - any age division) with each athlete / relay member running a relay leg of 3 km

Time: 4:10 pm - athletes (all divisions) who are not part of a co-ed team (3 km)

League Meet #3:

Date: Tuesday, October 10

Location: Langara Golf Course

Time: 4:00 pm (junior girls), junior boys (5 minutes later)

Time: 4:40 pm (senior girls), senior boys (5 minutes later)

Distance: Junior = 5.6 km (2 loops), Senior = 5.6 km (2 loops)

League Meet #4

Date: Wednesday, October 18

Location: Everetty Crowley Park

Time: 4:00 pm

Distance: 5.6 km (all races)

Note: Everett Crowley Park has been requested as of August 1.

PB declined original request of Jericho Beach Park for Oct 18.

VS2S Zone Finals

Date: Wednesday, October 25

Location: Jericho Beach Park

Race #1: 1:30 pm - Junior girls

Race #2 : 2:00 pm - Junior boys

Race #3: 2:30 pm - senior girls

Race #4: 3:10 pm - senior boys

Distance: junior boys & girls = 2 loops (4.2 km). Senior boys & girls = 2 bigger loops (5 km).

BCSS Provincials: Saturday, November 4 at Crescent Park (Surrey)