PE 10 (Alternative or Make up Assignment)

Instructions: Choose an activity that is not usually done in the PE classroom. (ie. rock climbing, sailing, surfing). Research the following:

- origins

- rules/tournaments/competitions

- one of the icons (individuals at the forefront of the activity) and a short biography, how they got started in the activity and what they have accomplished since

- Locations around Vancouver that people could go to experience this activity

Medium: This is to be completed as a report in prose. However, at least three visuals should be used which can be drawings or pictures.

Assessment: This is a pass/fail activity that will simply allow you to get some credit for PE in the participation category. If your finished product is not acceptable you will be asked to do it again.