**Racquet Games**

**Outdoor**

**Tennis**

1. **Rules**
* ***Service:***
	+ serve each point from alternative sides on base line
	+ If the server fails to get first serve in they can use their second serve, failing to complete the second serve the point will be lost
	+ If the server clips the net but the ball goes in the service area it is legal
* ***Miscellaneous:***
	+ If player touches net, distracts his opponent or impedes in anyway then they automatically lose the point
	+ The ball can hit any part of the line for the point to be called in, outside the line and the ball is out
1. **Scoring**
* ***Each set:***
* 4 points to win the game (1st point – 15, 2nd point – 30, 3rd point – 40, 4th point – game)
* 40 – 40 results as a deuce (player must win by a clear of 2 points)
* ***Each game:***
	+ best out of so many sets (out of 3 – women, out of 5 – men)
	+ clearly win by 2 sets (i.e. 7-5 sets to win)
1. **Court Diagram**

**Indoor**

**Pickle Ball**

1. **Rules**
* ***Service:***
	+ Serves are made diagonally, starting with the right-hand service-square and alternating each serve
	+ Server must clear the seven-foot non-volley-zone in front of the net and land in the diagonal service court
	+ Serves should be done underhand with the paddle below the waist
	+ Server must keep both feet behind the back line when serving
	+ The ball should be hit into the air without being bounced
	+ Serving side will continue to serve until there is a fault on the service
1. **Scoring**
* First side scoring eleven points and leading by at least two points wins
* Players can only score a point if they are serving
* Teams switch sides when they receive a point



**Table Tennis**

**a. Rules**

* ***Service:***
* Performed from area behind the table and between the side edges
* Toss ball up, strike while it’s in the air, first bounce should be on the server’s court, passes over the net bouncing on receiver’s court
* NOTE: if server misses the ball completely, the receiver scores 1 point
* ***Returning the ball:***
	+ Ball must be struck after it bounces on your court (if hit before hitting your court its considered a volley – illegal), then hitting it directly over the net into the receivers court
	+ IF the ball hits the net and goes over, it is legal
	+ Ball cannot physically touch the empty hand (non-racquet hand)
	+ If the ball strikes the top surface or top edges or corners it is legal, but aide edges are out of bounds

**b. Scoring**

* ***Points (if your opponent):***
* Fails to make a good serve
* Fails to make a legal return
* Touches the net in any way with racquet, clothing, or body
* Volley the ball at anytime
* Ball touches clothing or body