**Square Dancing Terms and Definitions**

Allemande Left : Extend your left hand to your corner passing left shoulders and returning to place

Allemande Right : Extend your right hand to your corner or partner passing right shoulders and returning to place

Break : Release the hand hold that you have with your partner or corner

Circle : Dancers join hands and circle, usually to the left, unless specifically told to go to the right

Corner : The lady on the gent’s left and the gent on the lady’s right

Couple 1: The couple that has their backs to the music.

Couple 2: The couple to the right of couple 1.

Couple 3: The couple who faces me.

Couple 4: The couple to the left of couple 1.

Couple Separate : The gent goes to his left outside the set while the lady goes to her right outside the set

Do-Sa-Do : The lady and gent pass by the right shoulder to right should back to back

Elbow Swing : Dancers extend either the left or right arm lock them at the elbow and turn once around

Grand Chain : Extend your right hand to your partner and walk by, extend your left hand to the next person and walk by. Keep alternating hands until you meet your partner.

Head Couples : The couple with their backs to the music and the couple facing the music

Home Position : The starting position for each couple in the square

Honey : Your partner

Left Hand Lady : The gent’s corner

Opposites : The dancer directly across the square from you

Pass Thru : Two couples facing each other walk forward passing by the other couple, right shoulder to right shoulder

Promenade : Partners extend their right hands to each other and walk in the line of dance. (Sometimes individuals will promenade by themselves)

Reverse Trail : Change direction

Right and Left Thru : Two couples facing each other extend right hands, pass by their opposites, and extend left hands to their partner, and courtesy turn their partner.

Right Hand Star : Four people move to the center of the square, raise their right hands, and walk around the inside of the square against the line of dance (Left Hand Star is the same but with left hands and opposite direction)

Square : Four couples all couples are facing in. One and three face each other and two and four face each other.