



Prince of Wales Secondary School
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Our Mission

The mission of Prince of Wales Secondary School is to provide a safe, supportive learning environment within a diverse school community.

Recreation Hockey 8-12

Mr. Sung

Course Overview

This is a Physical Education class that is designed for students who have not had the opportunity to play organized ice hockey. Students will be provided an opportunity for advancement to a higher level course upon assessment.

The students will be provided a safe, non-threatening and inclusive environment that will allow for personal growth and development. The students will be provided the opportunity to improve their level of physical fitness, improve their physical skill and gain an understanding of various activities. We will strive to develop an appreciation and enjoy the benefits of an active lifestyle and understand the health related aspects of physical education

Course Content

Personal & Social Responsibility:

- Active participation, demonstration of rules, procedures, safety considerations, fair play, etiquette, and leadership.

Games (Individual, Dual and Team Activities):

- Although ice hockey is the main focus of the course, we will also explore many other individual and team sports when we are not at the ice rink.
- Games such as field hockey, rugby, basketball, volleyball, softball, soccer, minor games, aerobics, pickle ball, track & field, badminton, wrestling, gymnastics floor exercise, swimming, weight training will be explored

Dance:

- social, line & square

Active Living:

- class participation, fitness & fitness evaluation

Supplemental Fee:

- TBD. The ice time fees are calculated from the number of ice times divided by the number of students enrolled in the course

Classroom Expectations

Punctuality
Regular attendance (see back for details)
Willingness/capable to deal with logistics & cost of ice times

Yearly Mark Breakdown Per Term	
Term 1	33%
Term 2	33%
Term 3	33%
Year's Total	100%

Equipment and Materials

Complete set of CSA approved equipment
Water bottle
Towel and Shower 'stuff'
School issued gym strip
Running shoes
Lock for the gym lockers

Marks for Each Report	% of Term
PSR	50%
Fitness	20%
Physical Skills	30%
Total	100%

Policies and Procedures

Attendance

A written excuse must be presented for any absence by all students and must show:

- date(s) of absence
- reason for absence
- parent's/guardian's signature

The note is to be presented to and signed by each of the student's subject teachers and then turned in to the main office, stapled to the appropriate completed form.

Punctuality

Students are expected to be on time for all classes. Repeated tardiness demonstrates a lack of consideration for the teachers and other pupils.

Early Dismissal

In the case of an emergency (e.g., illness or accident), please report first to the main office, so that parents/guardians may be notified. Students dismissed early for sports teams or other extracurricular activities must present the classroom teacher with a signed yellow early dismissal slip at the beginning of class.

Absences throughout the Year

Please note that regular attendance is crucial for students as teachers introduce and review required curricular content and complete student assessments. Students who do not write exams or fail to submit required assignments due to their absence from school jeopardize their term and final standing in subject classes, as evaluation of a student's learning is based on the work of the whole year. The loss of marks is a logical consequence of such absences. Special arrangements cannot be made to accommodate holiday plans or travel arrangements. All students are expected to be in full attendance until the final day of classes.

Extended Student Absences Policy

In cases where acceptable reasons for extended absences from class are either not given or not valid, students:

- a) are subject to loss of any marks accumulated during the absence
- b) may be required to make up assignments for all or partial marks

The following are acceptable reasons (with validation):

- a) personal illness (or any other medical causes)
- b) family emergency (valid proof necessary)
- c) prior approval of the teacher for activities such as field trips, tournaments

Assignments

Assignments are to be handed in on time or 10% of the total mark will be deducted for every day the assignment is late.)

It is your responsibility to have assignments completed on time. If absent, find out what the assignment was and hand it in the following class. Marks will be deducted for late and/or incomplete work.

Extra Help

Available by appointment.

Tests

- Notify me in advance, if you know that you will be absent for a test.
- Your parent or guardian must notify me, if you are sick on the day of a test.
- Contact me the first day you return to school to arrange for a make up test.
- Be prepared to write the exam immediately on your return to school.
- Ten percent of the mark will be deducted for each day it is not written after your return.

Contact information

- 604-713-8974
- nsung@vsb.bc.ca
- blogs.vsb.bc.ca/nsung
- I am located in the Boys Gym office or C203

CHEATING is a serious offence and will result in a score of zero, notes to your counsellor and administrator and a call home. Refer to the student agenda for further detail.

Please sign and return the following form to the subject teacher.

PRINCE OF WALES SECONDARY SCHOOL

I, _____, have read and understand the above course expectations.
(Print full name of student)

Signature of student: _____

Course: _____

Signature of parent/guardian: _____

Teacher: _____

Date: _____

Block: _____